NRGUNIVERSITY - THE TRAINING STRUCTURE

| BASIC LEVEL | |
|---|--|
| NRGGUIDE RED Basic Level 1 day | NRGGUIDE ORANGE Basic Level 1 day |
| The participants learn the basics of the NRGGUIDE RED Program in a learning by doing environment. We go through all the progression steps and the key points of the Bronze, Silver and Gold course. We teach you all the exercises on court and part of it with kids. | The participants learn the basics of the NRGGUIDE ORANGE Program in a learning by doing environment. We go through all the progression steps and the key points of the Bronze, Silver and Gold course. We teach you all the exercises on court and part of it with kids. |

| ADVANCED LEVEL | |
|---|---|
| NRGGUIDE RED Advanced Level 1 day | NRGGUIDE ORANGE Advanced Level 1 day |
| The participants learn the complete understanding of the NRGGUIDE RED Program by learning to implement all the progression steps of the Bronze, Silver and Gold course to determine which course a child has to attend according to the requirements of the NRGGUIDE RED Program. | The participants learn the complete understanding of the NRGGUIDE ORANGE Program by learning to implement all the progression steps of the Bronze, Silver and Gold course to determine which course a child has to attend according to the requirements of the NRGGUIDE ORANGE Program. |

EXPERT LEVEL

NRGGUIDE PROGRAM Expert Level

2 days

The participants learn based on the understanding and completion of the Adanced Level to organize a complete program implementing the principles of the NRGCONCEPT.

The participants learn the basics of team leadership and are introduced to "The Qualities of a Teamplayer" by John C. Maxwell. With the understanding of that part of the training, the participants can build a team to run a large program. The participants learn the psychlogical development stages of children. They have to make a presentation to learn and work on their appearance and presence.

NRGTENNIS

Updated: 15.11.2023